



# Conference Programme

This is the pre-programme which is subject to slight modifications.

# Friday 31st August

## Morning

9.00-12.00 Pre-conference workshop: Carole Guyett

*Connecting with plant consciousness  
and meeting a plant ally in nature*

9.00-12.30 Trade Show set up

11.30-13.15 Registration

## Afternoon

Session Theme: Celebrating our plant connections

13.15 Welcome to Botanica2018

13.45 Holly Bellebuono (USA)

*What is Healing? A Global Perspective*

14.25 Danny O'Rawe (Northern Ireland)

*The interface between herbal medicine  
and aromatherapy;*

15.00 Julie Bruton-Seal (UK)

*Wayside Herbs – rediscovering forgotten local medicines*

15.35 Carole Guyett (Ireland)

*Surrendering to the power of plants*

16.00 Break

## 16.45 Introducing distillers from around the world

- |       |                             |   |
|-------|-----------------------------|---|
| 17.00 | Gadoi (Italy)               | <i>The Gadoi Project: Local traditions for local economies: the struggle to revive aromatic plants production in impoverished mountain areas of Italy</i> |
| 17.20 | Morning Myst Botanics (USA) | <i>Hydrosols : From Seed to Still™</i>  |
| 17.40 | Moonstar Admani (Pakistan)  | <i>The Indus Valley Rose Sustainability Project (IVRSP): Ethically reviving roses of the Indus valley civilization</i>                                    |
| 18.00 | Close of session            |   |

For more information about the distillers  
[click here](#)

18.00-19.30 Welcome reception & meet the trade show exhibitors

19.30 Botanica2018 Movie Special : showing sections from the Uncommon Scents movie with Q&A with the executive producers

# Saturday 1st September

## Morning

Session Theme: Education, Research & Integration

8.00 Registration

8.45 Welcome to botanica2018

9.00 Speaker to be confirmed

9.35 John Daniel (USA) *Aromatherapy as an adjunctive treatment for babies recovering from Neonatal abstinence syndrome*

10.10 Luc Marlier (France) *Can weak ambient odours influence food choices and fight against obesity?*

10.45 Break

11.25 Robert Thomas (UK) *Tough as nails: protecting patient's from chemotherapy-induced onycholysis*

12.00 Nick Singer (Switzerland) *On the scent of intranasal delivery: research and applications*

12.35 Final comments

12.45 Lunch

# Afternoon

## Session Theme: Education, Research & Integration

14.00	Siobhain O'Mahony (Ireland)	<i>The role of the microbiota in disorders of the Gut-Brain axis</i>
14.35	Jason Hawrelak (Tasmania)	<i>Using Herbal Medicines to Modify the Microbiota</i>
15.10	Michelle Lyons (Ireland)	<i>PeriMenopause: The Role of Plants, Potions and Phytoestrogens</i>
15.45	Anne McIntyre (UK)	<i>A plant-based approach to enhancing fertility</i>
16.20	Break	
16.50	Zahra Osman (Somaliland)	<i>Frankincense and Myrrh Sustainability: Truths and Alternative Truths</i>
17.20	Greg Trevena (Australia)	<i>My Journey of Starting 2 New Native Rose Australian Essential Oils</i>
17.50	Final comments	
18.00	Close of session	
19.45	Botanica2018 Gala dinner	

# Sunday 2nd September

## Morning

### Session Theme: Innovation & Inspiration

8.50 Welcome to botanica2018

9.00 Marika Fleri (Malta) *One island's aromatic project - Tales of a dream fulfilled*

9.30 Tomomi Nakamura (Japan) *Japanese style aromacare for patients in palliative and end of life care: Insights and inspiration*

10.00 Carla Vescovi (Brazil) *Restoring love and trust in life through aromatherapy – A case project in Colombia*

10.30 Felicity Warner (UK) *Essential Oils: Working the myrrhophore way*

11.00 Break

11.40 Melani Kovac (Croatia) *Synergy in action: innovation through collaboration*

12.10 Chris Kelly (UK) *Smell training with essential oils as a therapeutic technique for patients who have experienced post-viral anosmia*

12.40 Slobodanka Postic (Slovenia) *Fragrant signatures: the impact of creating and wearing natural perfumes*

13.20 Lunch

# Afternoon

## Session Theme: Innovation & Inspiration

- |       |                         |   |
|-------|-------------------------|---|
| 14.15 | Jonathan Treasure (USA) | <i>Cannabis and Cancer - Fact, Fake News &amp; Phytotherapy</i>                       |
| 14.55 | Adnane Remmal (Morocco) | <i>Fighting antibiotic resistance by combining antibiotics with essential oils...</i> |
| 15.35 | Holly Bellebuono (USA)  | <i>Women Healers of the World</i>   |
| 16.15 | Final comments          |   |
| 16.30 | Close of Conference     |   |

**Book your place today**

<http://botanica2018.com/registration/>

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celebrating herbs & clinical aromatherapy