



# Conference Programme

This is the pre-programme which is subject to slight modifications.

# Friday 31st August

## Morning

9.00-12.00 Pre-conference workshop: Carole Guyett *Connecting with plant consciousness and meeting a plant ally in nature*

9.00-12.30 Trade Show set up

11.30-13.15 Registration

## Afternoon

Session Theme: Celebrating our plant connections

13.15 Welcome to Botanica2018

13.45 Holly Bellebuono (USA) *What is Healing? A Global Perspective*

14.25 Danny O'Rawe (Northern Ireland) *The interface between herbal medicine and aromatherapy;*

15.00 Julie Bruton-Seal (UK) *Wayside Herbs – rediscovering forgotten local medicines*

15.35 Carole Guyett (Ireland) *Surrendering to the power of plants*

16.00 Break

## 16.45 Introducing distillers from around the world

- |       |                             |   |
|-------|-----------------------------|---|
| 17.00 | Gadoi (Italy)               | <i>The Gadoi Project: Local traditions for local economies: the struggle to revive aromatic plants production in impoverished mountain areas of Italy</i> |
| 17.20 | Morning Myst Botanics (USA) | <i>From seed to still</i>   |
| 17.40 | Moonstar Admani (Pakistan)  | <i>The Indus Valley Rose Sustainability Project (IVRSP): Ethically reviving roses of the Indus valley civilization</i>                                    |
| 18.00 | Close of session            |   |

For more information about the distillers  
[click here](#)

18.00-19.30 Welcome reception & meet the trade show exhibitors

19.30 Botanica2018 Movie Special : showing sections from the Uncommon Scents movie with Q&A with the executive producers

# Saturday 1st September

## Morning

Session Theme: Education, Research & Integration

8.00 Registration

8.45 Welcome to botanica2018

9.00 Speaker to be confirmed

9.35 John Daniel (USA) *Aromatherapy as an adjunctive treatment for babies recovering from Neonatal abstinence syndrome*

10.10 Luc Marlier (France) *Can faint ambient odours influence food choices and fight against obesity?*

10.45 Break

11.25 Robert Thomas (UK) *Tough as nails: protecting patient's from chemotherapy-induced onycholysis*

12.00 Nick Singer (Switzerland) *On the scent of intranasal delivery: research and applications*

12.35 Final comments

12.45 Lunch

# Afternoon

## Session Theme: Education, Research & Integration

- |       |                             |   |
|-------|-----------------------------|---|
| 14.00 | Siobhain O'Mahony (Ireland) | <i>The role of the microbiota in disorders of the Gut-Brain axis</i>        |
| 14.35 | Jason Hawrelak (Tasmania)   | <i>Using Herbal Medicines to Modify the Microbiota</i>                      |
| 15.10 | Michelle Lyons (Ireland)    | <i>PeriMenopause: The Role of Plants, Potions and Phytoestrogens</i>        |
| 15.45 | Anne McIntyre (UK)          | <i>A plant-based approach to enhancing fertility</i>                        |
| 16.20 | Break                       |   |
| 16.50 | Zahra Osman (Somaliland)    | <i>Frankincense and Myrrh Sustainability: Truths and Alternative Truths</i> |
| 17.20 | Greg Trevena (Australia)    | <i>My Journey of Starting 2 New Native Rose Australian Essential Oils</i>   |
| 17.50 | Final comments              |   |
| 18.00 | Close of session            |   |
| 19.45 | Botanica2018 Gala dinner    |   |

# Sunday 2nd September

## Morning

### Session Theme: Innovation & Inspiration

8.50 Welcome to botanica2018

9.00 Marika Fleri (Malta) *One island's aromatic project - Tales of a dream fulfilled*

9.30 Tomomi Nakamura (Japan) *Japanese style aromacare for patients in palliative and end of life care: Insights and inspiration*

10.00 Carla Vescovi (Brazil) *Restoring love and trust in life through aromatherapy – A case project in Colombia*

10.30 Break

11.10 Melani Kovac (Croatia) *Synergy in action: innovation through collaboration*

11.40 Chris Kelly (UK) *Smell training with essential oils as a therapeutic technique for patients who have experienced post-viral anosmia*

12.10 Slobodanka Postic (Slovenia) *Fragrant signatures: the impact of creating and wearing natural perfumes*

12.40 Final comments

12.45 Lunch

# Afternoon

## Session Theme: Innovation & Inspiration

|       |                         |   |
|-------|-------------------------|---|
| 14.00 | Jonathan Treasure (USA) | <i>Cannabis and Cancer - Fact, Fake News &amp; Phytotherapy</i> |
| 14.40 | Felicity Warner (UK)    | <i>Essential Oils: Working the myrrhophore way</i>              |
| 15.20 | Holly Bellebuono (USA)  | <i>Women Healers of the World</i>                               |
| 16.00 | Final comments          |   |
| 16.30 | Close of Conference     |   |

**Book your place today**

<http://botanica2018.com/registration/>

  
**botanica2018**  
celebrating herbs & clinical aromatherapy