

Carole Guyett

Workshop title

“Connecting with plant consciousness and meeting a plant ally in nature”

Description

In this workshop Carole will teach you simple methods to connect with plant consciousness and meet with the spirit of a plant. We will spend time in nature where you will have an opportunity to meet with a personal plant ally. You can then deepen this relationship by taking a guided drum journey to meet your ally in the inner realms. We will discuss the role of plant allies and look at further ways to build close relationships with plants.

Biography

Carole Guyett MNIMH is a medical herbalist and practitioner of sacred plant medicine who has worked with healing plants for over 30 years.

Carole graduated from the School of Herbal Medicine, UK in 1987 and her herbal medicine practice incorporates plant spirit healing and flower essences. She has completed a 10-year apprenticeship with Arwyn DreamWalker, Métis Medicine Woman from Arizona and Carole’s work blends the Celtic and European traditions with the Native American teachings of the Beauty Way.

A passionate plant lover, Carole offers apprenticeships, workshops, plant medicine and ceremonies both internationally and from her herb centre Derrynagittah in the west of Ireland. Since 2008 she has developed and led ceremonial plant diets with native Irish plants, as described in her book ‘Sacred Plant Initiations’. Carole is founder of ‘Derrynagittah Essences’.